

# **RUSTY PILLS 2 - STILL RUSTY**

**Applied Pharmacology Refresher** – If you loved our Rusty Pills Seminar, a refresher on common Pharmacology for Nurses and Paramedics, then the long-awaited sequel is now here! Rusty Pills 2 – “Still Rusty” looks at the safety and risk management of medication. We cover the APINCH high risk drugs and dive into the GI System with medications from one end of the GIT to the other.

Expect to refresh your understanding on Gastric Presentations, GORD, Ulcers, Diarrhoea and Constipation. Journey with me through the Liver and understand Hepatic Failure and the common medications used. Our sojourn to the dark recesses of Endocrine Disorders and Cardiac Inotropic Medication will round out the eclectic mix of pharmaceutical tom-foolery.

If you have done Rusty Pills (1) then this is your next chapter. *If you haven't, this next instalment has been written in a way that you can do Rusty Pills 2 independent of the original.*

*Are you still Rusty??*

*FSPH Education Rooms, Level 1 FSPH Bundaberg*

*Time*

**Wed 22<sup>nd</sup> – Thurs 23<sup>rd</sup> June 2022**

**0800 – 1630hrs**

This 2 Day Seminar is \$495 per person (GST included)

**CPD Points – 13**

Morning/Afternoon Tea and Lunch are all provided

*Limited places available – for bookings contact:*

Louise Randle on 4331 1564 or [lrandle@fsph.org.au](mailto:lrandle@fsph.org.au)

***By Monday 6<sup>th</sup> June 2022 to secure your place.***

*Presented by:*

**Rob Timmings, Director**



## Rusty Pills 2 – ‘Still Rusty’ Pharmacology Refresher for Nurses

DAY 1		
1	08:00	Medication Safety and Administration <ul style="list-style-type: none"> <li>National Medication Safety Strategy</li> <li>National Safety and Quality Health Service (NSQHS) Standards</li> <li>Scope of Practice</li> </ul>
10:00-10:20 <i>Morning Tea</i>		
2	10:20	High Risk Medicines <ul style="list-style-type: none"> <li>Spotlighting APINCH Medicines</li> <li>Prac: Medication Errors</li> </ul>
12:00 – 12:30 <i>Lunch</i>		
3	12:30	GI Medicines – GORD and Ulceration <ul style="list-style-type: none"> <li>Understanding GORD, the Physiology of Gastrin, Pepsinogen and HCl.</li> <li>Proton Pump Inhibitors, Antiacids, H2 Blockers</li> <li>H.pylori and Gastric Ulcers</li> <li>Antibiotics and other Medications used in Ulceration</li> </ul>
15:00 – 15:15 <i>Afternoon Tea Break</i>		
4	15:15 - 16:30	GI Medicines – Nutrition and Metabolic pharmacology <ul style="list-style-type: none"> <li>Vitamins and Mineral Supplementation.</li> <li>Body Building and other Dietary Supplements</li> <li>Fat Metabolism and Obesity Medication (**covered tomorrow)</li> </ul>
DAY 2		
5	08:00	GI Medications – Understanding Obesity, and its Pharmacology ***
6	09:30	GI Medications – Constipation <ul style="list-style-type: none"> <li>Understanding strategies for assisting Constipated Patients.</li> <li>Exploring Laxative , Aperients</li> </ul> GI Medications – Antidiarrhoeal Medicines <ul style="list-style-type: none"> <li>Understanding Gastroenteritis and Managing Dehydration</li> <li>Recognising the need for Antidiarrhoeal Medications</li> </ul>
10:00-10:15 <i>Morning Tea</i>		
7	10:15	The Endocrine Conditions <ul style="list-style-type: none"> <li>Thyroid, and Adrenal Disease Pharmacology.</li> <li>Hormone Replacement Strategies.</li> </ul>
12:00 – 12:30 <i>Lunch</i>		
8	12:30	Medications used in Hepatic disease <ul style="list-style-type: none"> <li>Chronic and Acute Liver Infection – Medication Strategy</li> <li>Ascites and the role of Albumin Measurement</li> <li>Hepatic Encephalopathy and Lactulose</li> </ul>
15:00 – 15:15 <i>Afternoon Tea Break</i>		
9	15:15	Medicines used in acute critical care. <ul style="list-style-type: none"> <li>Understanding Inotropy, Dromotropy and Chronotropy.</li> </ul> Reviewing the functions of the adrenergic receptors, & medications that mimic or stimulate this system <ul style="list-style-type: none"> <li>Neuromuscular Blocking Drugs</li> <li>Sedation in Critical Care – Induction Agents</li> </ul>
	16:30	Finish